

REACHING YOUR GOALS

Your CAW will help identify the steps needed to help you achieve your goals. This will include your responsibilities as well as those of your CAW.

The IAP is flexible and will allow you and your CAW to work together to overcome any barriers.

The IAP will encourage you to access the community and services outside of Headway ADP. Your CAW will help facilitate this.

**HEADWAY ADP...
CAN HELP YOU
HAVE MORE CONTROL
OVER YOUR LIFE.**



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**Individual
Access Plan**



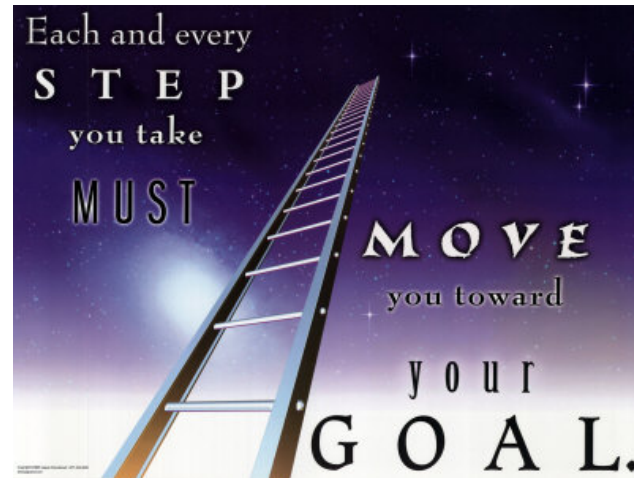
WHAT IS AN INDIVIDUAL ACCESS PLAN?

An Individual Access Plan (IAP) is a tool used to help you achieve your goals. It is an agreement between you and Headway ADP.



Your IAP sets out the goals you wish to achieve over a set period of time. The plan shows the steps involved in reaching those goals.

The IAP sets out your recreational and social goals. They must be realistic and affordable.



A Community Access Worker (CAW) will support you to meet your IAP goals .

The IAP meeting is held once a year and you can invite a carer, case manager or advocate to attend. Goals will be formalised at this meeting. Your progress is reviewed quarterly

Goals must help you access the community and will generally fall into the following areas:

- Becoming more independent in the home and your local community.
- Recreational & leisure activities.
- Increasing social & support networks in the community.
- Educational e.g Skill Development courses at Headway ADP, TAFE and Community College.